

Georgia Fahl Bodywork

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Acknowledgement and Consent for Massage

Informed Consent for Draping and Therapeutic Massage of Breasts/Full Chest

I am aware that (1) the intent of the massage is therapeutic and not sexual, and (2) I have the right to:

1. Discontinue the entire massage session, or any part if the session, at any time and for any reason
2. Request the massage be given through a drape rather than directly on my body, at any time and for any reason
3. Provide a witness who will be in the room with me while I receive massage

*****Please initial your choices below*****

Breast massage: Treatment of the breasts is performed to increase breast health awareness, relieve congestion and edema in the upper chest and breast tissue, ease tightness due to scar formation from surgery, increase range of motion in the shoulders and neck, move lymph, alleviate breast symptoms of PMS, enhance milk flow and production for breastfeeding, ease discomforts of pregnancy and breastfeeding, reduce breast pain, improve respiration, increase flow of blood and lymph fluid throughout the breast tissue as well as relax the fascia. There may be incidental contact with the nipples during this treatment. If you prefer, you have the option of having a chaperone

that you provide in the room during this treatment. **All genders have breast tissue, and under current regulations, must consent if massage to this area is to be performed.**

_____ I consent to have this area treated

_____ I consent to have this area undraped

_____ I prefer NOT to have this area touched

_____ I consent to treatment over clothes/ a drape

_____ **For comfort or breastfeeding reasons, I consent to have this area undraped for the entire treatment**

Breast massage that includes the nipples and areolas: Treatment of nipples may be beneficial to relieve congestion and edema in the upper chest and breast tissue, increase nipple health awareness, ease tightness due to scar formation from surgery, reduce breast pain, increase flow of blood and lymph fluid throughout the breast tissue as well as relax the fascia. **All genders have breast tissue, and under current regulations, must consent if massage to this area is to be performed.**

_____ I consent to have this area treated

_____ I consent to have this area undraped

_____ I prefer NOT to have this area touched

_____ I consent to treatment over clothes/ a drape

Client Name (print):

Date of Birth: _____

Signature: _____

Today's Date: _____

